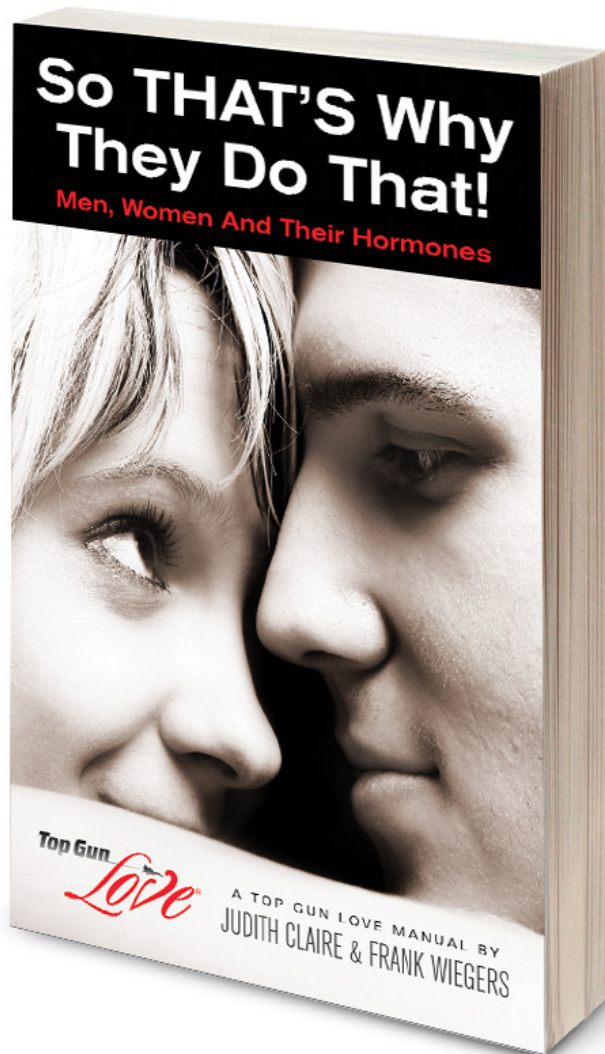


“...a clear and comprehensive 21st Century
roadmap for the genders...”
—Xaque Gruber,
Huffington Post

ABOUT THE BOOK



So THAT'S Why They Do That!

by Judith Claire and Frank Wieggers

Tired of emotional rollercoasters? Need to put an end to pointless power struggles, hurt feelings, and stress from communication mix-ups? Ready for real sexual happiness?

Straightforward and compassionate, this down-to-earth relationship guide explains how hormones act as the silent drivers of behavior for women and men. Discover how understanding hormones—both hers and his—can transform your life and help you create a deeply satisfying intimate relationship with the one you love.

Utilizing the authors' unique Top Gun Love approach, the book delivers easy-to-understand sections that provide practical help for men and women in every season of life:

- *Dating singles from young adults through men and women in their 30's and 40's*
- *Newlyweds*
- *Committed and married couples*
- *Expectant couples*
- *Boomers, seniors and divorced or widowed singles re-entering the world of dating*
- *Partners facing menopause and andropause*

Unlock the power of biology to enjoy a lifetime of love and sexual fulfillment. Learn communication tactics and understand methods to resolve conflicts, stay together, and be happier than ever.

So THAT'S Why They Do That! is written by happily married relationship experts Judith Claire and Frank Wieggers. Judith founded her thriving Los Angeles counseling and coaching practice in 1978. Frank, a former fighter pilot, launched his encore career as a sex and relationship teacher and coach. Together, the couple has created the Top Gun Love series to help singles and couples realize their dreams.



Judith Claire and Frank Wieggers
are available for Interviews,
Retreats, and Speaking
Engagements

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www.TopGunLove.com

ABOUT THE AUTHORS



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Judith Claire

Relationship Counselor and Coach

Judith has provided personal, career, and relationship counseling and coaching in Los Angeles for 36 years. A big believer in happy endings, she has helped her clients develop deeply rewarding relationships. As a counselor, Judith draws from many ancient and modern sources of wisdom, including Eastern and Western spiritual practices, as well as from her work in the field of creative arts.

Frank Wieggers

Sex & Relationship Teacher & Coach

A veteran of the Vietnam War, Frank is a former fighter pilot who approached the study of love, sex, and relationship with the same dedication and discipline that it took to get three degrees and become a fighter pilot. Frank brings a powerful male perspective along with his wisdom gained from years of study and practice. Frank is licensed by The Relationship Coaching Institute.



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CONTACT:

Frank 310-393-3536

TALK TOPICS



Sizzling sex. You know you want it. But, building that kind of intimate relationship simply takes a special kind of effort. Married relationship experts Judith Claire and Frank Wieggers are the authors of **So THAT'S Why They Do That!**, a relationship manual that clearly explains the important connection between sex, relationships and human hormones.

Basic Differences between Men and Women?

- Five things that men do that women don't get.
- Five things that women do that men don't get.

Singles?

- How can 'fixed ideas' about gender sabotage a new relationship?
- What are the top gender differences that singles need to understand?
- How do you figure out and clearly communicate what your dating intentions are?
- What are the big problems for older adults who are re-entering the dating world?

Couples?

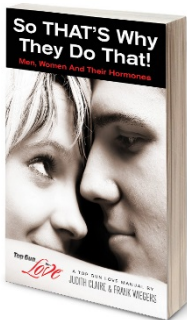
- How many 'everyday' conflicts between couples are connected to hormonal differences?
- How do hormones figure into the classic power struggles between men and women?
- Why does talking matter so much to women?
- Why do men have such a hard time talking about emotions?
- What do couples need to know to successfully navigate through dangerous emotional storms?

Life's Changes?

- What conflicts typically arise during menopause?
- What is andropause?
- What are the signs a couple is a candidate for Gray Divorce?
- What are common sexual issues during pregnancy or postpartum?

Better Sex?

- What are the top hormonal differences between men and women in the bedroom?
- What do men need to know about foreplay?
- What do women really need to know about men's sexual needs and desires?
- When do women want to make love the most?
- What are the best ways to create sexual intimacy?



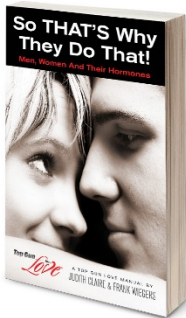
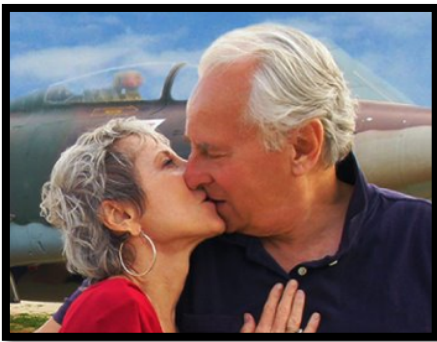
Top Gun
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For Sizzling Sex and Lasting Relationships

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So, what does **Top Gun Love** mean?

Everyone wants to know how Top Gun Love got its start. This unique approach to teaching people about sizzling sex and lasting relationships was dreamed up by happily married relationship experts Judith Claire and Frank Wieggers. Frank is a former fighter pilot. So, he associated navigating a loving relationship to flying a fighter plane. Judith understood exactly what he meant.

In the world of fighter pilots...

Our unique approach is like that of a top gun pilot who is completely dedicated to being excellent at what he does. He never stops learning new techniques and takes every opportunity to practice. Like him, you must know the complete system. We implement programs of study and practice that lead men and women to be "top lovers".

In the world of sex and relationships...

The issues are very similar. To be successful, you better intimately understand the real mission, every inch of the equipment involved, and ultimately know how to fly through any 'weather' condition.

For a love life that soars, you need to be proactive: create love and connection, know how your partner is built, and develop the communication skills to get you through turbulent times.

Being a great fighter pilot is complicated. But, being a great lover is more complicated.

Judith and Frank created the Top Gun Love series to help singles and couples realize their relationship dreams. Combining the fighter pilot's perspective with the deep understanding of a counselor and the guidance of a coach, they speak to and address the issues of both men and women.